

SPORT AND CO-CURRICULAR ACTIVITIES

APPROACH

The school as educational institution should be the place where sport ethics and morality are developed as part of the greater educational goal to prepare the child for the adult life.

Currently sport is a multidimensional activity. The desire to win is very strong. The search for excellence and distinction is a natural passion of human beings.

Sport offers the coach and the participant multiple educational values, such as:

faster: to support or uplift your fellow human being

higher: to strive towards moral formation

stronger: to stand up to the challenges of life, disappointments, setbacks, etc.

What matters most is not to win, but to participate with fair play.

The following values are pursued by the school in sport:

- Respect for your own body as well as for the opponent's body.
- Respect for the rules of the game.
- Respect for the referee's decisions.
- Win with pride, but lose with dignity and without excuses.
- Keep your body, attitude and thoughts clean as an example for others.
- Strive towards physical fitness and avoid selfish egoism.
- Share your success with others.
- Thank the Creator for your talents.
- Participation in a broad variety of sports.

All sports enjoy equal prestige at the school.

Learners should be encouraged to participate in at least one summer sport and one winter sport.

Management of sport

The school's sport should be managed by a sport manager. The sport manager should be appointed by the Management.

Participation of learners

All registered learners of the school should in the first instance be available for the school's sport teams before they join clubs and outside organizations. Learners should receive recognition for sport achievements at the school's awards functions.

Sport codes

Learners should decide in consultation with their parents which sports they want to participate in.

Variety of sport codes

The school should offer the following sport codes to all the learners of the school:

- Rugby
- Netball
- Soccer
- Athletics
- Cross-country running
- Cricket
- Tennis
- Hockey
- Gymnastics
- Chess

Affiliation with sport bodies

All sport codes offered by the school should be affiliated with the relevant management structures of the different sport codes in order to enable the participants in the sports to progress to the highest level in the various sport codes.

Sport coaches

The sport coaches of the school undertakes the following:

- to keep track of the latest coaching technique;
- to attend refreshment courses regularly;
- to develop selfdiscipline in the learners and to exercise it regularly and in a dedicated fashion;
- to be enthusiastic about the opportunity to coach sport at the school;
- to coach with enthusiasm to help the learners reach the highest achievement in the sport code;
- to promote participation in sport at the school;
- to create opportunities for all the learners of the school;
- to act fairly and impartially during the managing of competitions;
- to nurture a healthy approach to sport amongst the learners;
- to view sport as part of the school's education task;
- to view sport as an opportunity to help develop the personality characteristics of the participants.

Funding of sport

All sports offered by the school should be funded from the school's annual budget, but sponsors may also be recruited for additional generation of funds. Each sport code should exercise budget management and keep specific records of all the expenditure of funds.

Utilisation of outside coaches

If the school does not have the necessary coaches for a sport code, outside coaches can also be used for the coaching of the sport code at the school.



The school's sport manager should finalise the appointment of additional coaches with the principal.

Progress of participants

Each coach should keep record of the individual participants' progress in the individual sport codes. Participants should be encouraged to improve their performance constantly.

Sport clothes

Each participant in a sport code should be dressed in the school's official sport clothes when participating in any competition or sport event. No participant should be allowed onto a playing field or course if he or she is not dressed in the correct clothes.

This policy was adopted by the School Management on

This policy has been made available to school personnel and is readily accessible to parents and learners on request.

This policy will be reviewed and updated every year.

Signed _____
School Management

Date: _____

Signed _____
Principal

Date: _____

Signed _____
Educator Representative

Date: _____

